THE QUIET GROVE

THE BOTANICAL JOURNAL COLLECTION

The Dreaming Grove

DREAMS & PERSONAL SYMBOLS



A bedside companion for dream fragments, imagined places, and the symbols that stay with you.

20 reusable pages / no tarot experience needed

THIS JOURNAL BELONGS TO

Make it your own.

Print a favorite page, repeat it, and begin wherever you are.



A bedside companion for dream fragments, imagined places, and the symbols that stay with you.

PRINTING YOUR JOURNAL

Choose your paper

Use Letter for 8.5 x 11-inch paper or A4 for 210 x 297 mm paper.

Check one page first

Print at Actual size / 100%, one-sided. If an edge is clipped, select Fit to printable area.

Enjoy the artwork

Color shows the illustrations best. Regular paper works; 24-28 lb paper feels nicer for writing.

Keep it simple

Print only the pages you need. Use a folder, clipboard, or binder sleeves to keep them together.

USING THESE PAGES

Keep a page near your bed and record a few details when you wake. Fragments count; remembering nothing is also fine. Explore your own associations rather than treating a symbol as a fixed message or prediction.

YOUR FIRST FIVE MINUTES

Use A dream, remembered for your first entry. Add a sketch if you like, then return later to explore feelings or recurring details.

A LOOK INSIDE

- Dream records, scene sketches, and sensory maps
- Personal symbol and recurring-dream logs
- Character studies, night logs, and weekly reflection

Printable PDF for personal use. These pages are not fillable forms. You may annotate a copy in a compatible PDF app; it will not sync with your website journal. Print copies for your own use, but do not redistribute or resell the files.

A dream, remembered.

Date / waking time: _____ Dream title: _____



DATE / VISIT / SESSION

A WORD OR THEME

The dream as I remember it

Write the sequence, even when it changes suddenly or makes little sense.

The strongest feeling or image

Which detail stayed with me on waking?

A question to return to

What am I curious about? An answer is optional.

A scene from the dream.

Let shapes and placement hold what words cannot.



DATE / VISIT / SESSION

A WORD OR THEME

Sketch the scene, a creature, an object, or a rough map. Artistic skill is not required.

A few words to remember

What does the sketch help me remember?