THE QUIET GROVE

THE BOTANICAL JOURNAL COLLECTION

Rooted

NATURE & SEASONAL OBSERVATION



A field companion for noticing plants, birds, weather, light, and the small changes in familiar places.

20 reusable pages / no tarot experience needed

THIS JOURNAL BELONGS TO

Make it your own.

Print a favorite page, repeat it, and begin wherever you are.



A field companion for noticing plants, birds, weather, light, and the small changes in familiar places.

PRINTING YOUR JOURNAL

Choose your paper

Use Letter for 8.5 x 11-inch paper or A4 for 210 x 297 mm paper.

Check one page first

Print at Actual size / 100%, one-sided. If an edge is clipped, select Fit to printable area.

Enjoy the artwork

Color shows the illustrations best. Regular paper works; 24-28 lb paper feels nicer for writing.

Keep it simple

Print only the pages you need. Use a folder, clipboard, or binder sleeves to keep them together.

USING THESE PAGES

Choose a nearby place, a window view, or a small patch of green. Record what you actually observe, then keep questions and guesses separate. You do not need to identify everything to make a useful entry.

YOUR FIRST FIVE MINUTES

Begin with Today in the field. Notice one subject for a few minutes, sketch a detail, and return another day to see what has changed.

A LOOK INSIDE

- Field notes, sensory observations, and specimen sketches
- Plant, bird, weather, and seasonal logs
- Place maps and repeat-visit comparison pages

Printable PDF for personal use. These pages are not fillable forms. You may annotate a copy in a compatible PDF app; it will not sync with your website journal. Print copies for your own use, but do not redistribute or resell the files.

Today in the field.

Date / time: _____ Place: _____



DATE / VISIT / SESSION

A WORD OR THEME

What I observed

Record specific plants, creatures, light, movement, or weather.

One detail, closely

Describe a single subject with care.

Questions for another visit

What would I like to observe again or look up later?

Four ways of noticing.

Spend a little time with each sense that is available to you.



DATE / VISIT / SESSION

A WORD OR THEME

LOOK

Colors, shapes, shadows, distance, and movement.

LISTEN

Near sounds, far sounds, and pauses between them.

FEEL

Notice the air or a familiar safe surface; no collecting is needed.

SMELL

Describe any scent in the air without disturbing its source.